



A Lifeline for Patients  
Living with Gaucher Disease



June 2009

## Welcome to Gaucher Connection eNews

### Hello!

Thank you for signing up for Gaucher Connection eNews, the monthly newsletter designed to help keep you up-to-date and on track with Gaucher disease treatment and management.

### Keeping it all in Balance

When you're feeling healthy, it can be easy to forget that Gaucher disease is a lifelong condition. Day-to-day life, from the little details to the big events, has a way of taking over and pushing treatment priorities aside.

This eNews series will help you keep life in balance, maintain a healthy perspective on treatment and better juggle all the responsibilities of living with Gaucher disease.

### Living with a Progressive Disease

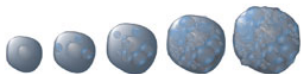
Remember when you were first diagnosed? Your health care provider probably explained how Gaucher disease affects your body. An important enzyme called **glucocerebrosidase** is either missing, in short supply, or not working properly. This results in the build-up of a fatty waste substance called **glucocerebroside** inside cells, causing a variety of symptoms like an enlarged liver and spleen, anemia, and bone problems.

Watch an animated illustration of this process. [Go >>](#)

This process is called "**progressive**" because without treatment, it always progresses, or continues. But when you're on Cerezyme, your body regularly gets the enzyme it needs to keep this process in check. Your Gaucher symptoms subside and you feel healthier. Remember to always follow your doctor's advice - this will help you to continue to avoid your Gaucher symptoms.

### Managing Gaucher Disease

**Remember:** by being more informed of your treatment, you can stay healthy and manage your Gaucher disease. In doing so you'll gain the freedom to focus more on other things you care about—family, friends, career goals, hobbies, interests and more.



Glucocerebroside gradually builds up inside Gaucher cells

Learn more about Managing Gaucher disease. [Go >>](#)

### Patient spotlight: Sarah

- 36-year-old pastry chef
- Mother of a child with Gaucher
- Working toward her dream of opening a bakery
- Helping her son achieve his own dreams too



Read Sarah's story on overcoming fears about treatments. [Go >>](#)