



**GAUCHER**  
connection

A Lifeline for Patients  
Living with Gaucher Disease



August 2009

## Welcome to Gaucher Connection eNews

### Hello!

Thank you for reading Gaucher Connection eNews, the monthly newsletter designed to help keep you up-to-date and on track with Gaucher disease treatment and management.

### Treatment Goals

Setting specific goals for Cerezyme or enzyme replacement therapy creates a structure for measuring how well treatment is working. You already have been informed that Cerezyme or enzyme replacement therapy may make you healthier, but what does that really mean, and how do you measure it? In this issue you'll find an overview of how your doctor will set therapeutic goals for your treatment and what to aim for.

### Knowing What to Aim For

Knowing what to expect from treatment can help you better manage your health. Setting specific goals helps you get the most out of treatment-which means getting more out of life. Gaucher disease experts have developed standardized goals for treatment based on studying many patients. These include:

- Specific numerical targets for things like blood cell counts and liver size
- Less measurable factors like reducing pain and fatigue
- Timeframes for how long results may take, from a few months to a few years

Since every patient responds differently to treatment, your doctor will also set individual goals specifically for you. Your doctor will use a variety of **tests** to determine whether you're meeting your goals. If not, he or she may decide to adjust the dosage or timing of your infusions and/or test you more often. Be sure to talk to your health care team about the targets, numbers and timeframes you're aiming for. **My Health Tools** will help you keep track.

### Check out the latest on Gaucher Connection



Read the latest issue of our printed newsletter, a semi-annual publication intended to provide information, inspiration and connections for people with Gaucher disease, their families and their health care providers.

[Go >>](#)

### Patient spotlight: Michael

- 40-year-old architect
- Living with Gaucher
- Used to worry treatment would get in his way
- Now knows getting treated may help get him where he wants to go



Read Michael's story about resisting change. [Go >>](#)

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