



Welcome to Gaucher Connection eNews

Hello!

Home, school, and job changes can all make it difficult to adhere to your treatment schedule. Here are some tips for staying on track during life's big transitions. In this issue we'll talk about opportunities and challenges, a new home or school and job changes.

Opportunities and Challenges

Major life changes like moving somewhere new, going away to school, and starting a new job all bring exciting opportunities. And with the help of ^PCerezyme[®] therapy, you may be able to better manage these changes.¹

Keeping treatment on track can be particularly challenging during times of transition, when regular routines are upset. So plan ahead and work closely with your health care team to continue to best manage your Gaucher.

1. Weinreb N. Imiglucerase (^PCerezyme[®]) improves quality of life in patients with skeletal manifestations of Gaucher disease. Clin Genet 2007; 71: 576-588.

A New Home or School

When you're leaving for a new home or school, there's a lot to think about. Here's a checklist to help you keep track of all the treatment-related details:

- Talk to your health care team about how best to make a healthy transition
- Find a Gaucher specialist and health care team close to your new location—even if you'll be back to see your current providers, it's a good idea to have a team lined up locally, too
- Locate the nearest infusion centre to your new location and schedule upcoming infusions
- If you know you'll be back regularly—like for holidays—schedule check-ups with your current health care providers for those times
- Arrange to have medical records sent to your new health care providers and/or school health centre
- Pack a copy of your medical records somewhere they'll be fast and easy to find
- Schedule your actual moving date on a NON-infusion day!

Job Changes

Here are a few tips as you settle into your new job environment or schedule:

- Assess your current infusion schedule to make sure the times and locations still work with your new routine—if not, talk to your health care team about adjustments
- Mark infusion dates into your new work calendar right away, so they're visible as you start scheduling work commitments
- Talk to your manager and colleagues in advance about your treatment and scheduling requirements, so they can accommodate your needs

Other emails in this series will provide additional advice on how to talk to new co-workers, schoolmates, and others about your Gaucher disease.

Take Action

For easy reference, keep these points on file for upcoming life transitions.

If you need help identifying resources at a new location, talk to your current health care team, or contact a patient organization.

Spotlight: Take Notes and Keep Track!

Taking frequent notes about your quality of life can help you keep a 'big picture' view of your symptoms. This custom Gaucher Connection tool also allows you to review some or all of your notes with your healthcare team in depth. Use three categories: **My Notes** – for general thoughts, **Pain** – using a rating system, and **Health History** – to record details of your physician visits.

Write your entry now [Go >>](#)

Patient spotlight: Sarah

- 36-year-old pastry chef
- Mother of a child with Gaucher
- Working toward her dream of opening a bakery
- Helping her son achieve his own dreams too



Read Sarah's story about how this can help her son feel better about his treatments. [Go >>](#)

Patient Stories are examples based on aggregate medical data. The characters represented are not actual Gaucher patients. Their stories are inspired by those of real Gaucher patients.