



Welcome to Gaucher Connection eNews

Hello!

Home, school, and job changes can all make it difficult to stick to treatment. In this issue we have some tips for staying on track during life's big transitions.

Opportunities and Challenges

Major life changes like moving somewhere new, going away to school, and starting a new job all bring exciting opportunities. But keeping treatment on track can be particularly challenging during times of transition, when regular routines are upset.

So plan ahead and work closely with your health care team to continue to keep your Gaucher under control. With the help of your steady infusion treatments you'll have the energy and good health to face whatever lies ahead!

A New Home or School

When you're leaving for a new home or school, there's a lot to think about. This handy checklist can help you keep track of all your treatment-related details:

- Talk to your health care team about the best way to make a healthy transition
- Line up a local team - find a Gaucher health care team near your new location
- Find an infusion centre near your new location and schedule upcoming infusions
- If you know you'll be back regularly-like for holidays-schedule check-ups with your current health care providers for those times
- Have medical records sent to your new care providers or school health centre
- Talk to your insurer to ensure uninterrupted payment for your treatment
- Pack a copy of your medical records somewhere they'll be easy to find quickly
- Schedule your actual moving date on a NON-infusion day!

Talking these issues over with your health care providers or a genetic counselor can make the discussions easier and help you and your partner plan with confidence.

Job Changes

Here are a few tips as you settle into a new job environment or schedule:

- If your job brings new health coverage, review the details thoroughly and discuss any questions or concerns with the company's benefits manager
- Assess your infusion schedule to make sure the times and location still work with your new routine, discuss needed adjustments with your health care team
- Mark infusion dates into your new work calendar right away, so they're visible as you start scheduling work commitments
- Talk to your manager and colleagues in advance about your treatment and scheduling requirements, so they can accommodate your needs

Other emails in this series will provide additional advice on how to talk to new coworkers, schoolmates, and others about your Gaucher disease.

Take Action

For easy reference, print out these checklists to keep on file for upcoming life transitions. If you are in the process of any of the life changes we've discussed, and you need help identifying resources at a new location, talk to your current health care team about your options.

Learn more about **Managing Gaucher at the Gaucher Connection website.** [Go >>](#)

Patient spotlight: Michael

- 40-year-old architect
- Living with Gaucher
- Fluent in three languages
- Open about his diagnosis



Read how Michael makes conversations about his Gaucher easier. [Go >>](#)

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Patient Stories are examples based on aggregate medical data. The characters represented are not actual Gaucher patients. Their stories are inspired by those of real Gaucher patients.

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